



RED BANK FC SOCCER CLUB

EMERGENCY ACTION PLAN (EAP) GUIDELINES

- SEPTEMBER, 2015 -

EMERGENCY ACTION PLAN DESCRIPTION

Because sport injuries can happen anytime, an Emergency Action Plan (EAP) should be prepared for each team to follow in order to properly care for our athletes in case of serious injury. Preparing an EAP in advance will help teams respond to emergency situations in a responsible manner.

It is critical for the EAP to be established at the first parent meeting, outlining the steps to be taken and clearly identifying the people responsible for implementing the EAP at all practices and games.

There are four key components to an EAP:

- 1) Access to phones
- 2) Directions
- 3) Player Information
- 4) EAP Personnel – Charge Person (usually team coach) and Call Person, as well as alternates

The Charge Person should be the one whom is most qualified in First Aid and Emergency procedures. This individual will:

- Know what emergency equipment is available at your facility
- Secure a controlled and calm environment (advise coaches to take team away from the injured player)
- Assess and tend to the injured player; determine if an ambulance is needed
- Direct others until medical personnel arrive

The coach is responsible for maintaining the First Aid kit and medical records and to bring the kit and forms, as well as ice, to all practices and games.

The Call Person will:

- Keep a record of emergency phone numbers
- Make the telephone call for assistance
- Provide all necessary information to dispatch (including location, nature of injuries, description of First Aid that has been done)
- Report back to the Charge Person
- Clear any traffic from the entrance/access road before ambulance arrives
- Wait by the driveway entrance to guide the ambulance when it arrives

In the event of a serious injury to a player, the EAP should be immediately implemented.

EMERGENCY ACTION PLAN CHECKLIST

Access to Phones	<ul style="list-style-type: none"> ➤ Cell Phones and battery well charged ➤ Check for the correct emergency number (over 98% of locations in the US will link caller to Emergency Dispatch Center)
Directions	<ul style="list-style-type: none"> ➤ Accurate directions to all sites as well as specific field locations (ie: for practices, home games, away games, etc.)
Player Information	<ul style="list-style-type: none"> ➤ Player Medical Information Forms containing emergency contacts and any known medical conditions about players must be on hand at all times ➤ Knowledge of pre-existing medical conditions might be required and should be readily available to medical / EMS staff
EAP Personnel	<ul style="list-style-type: none"> ➤ Charge Person is identified ➤ Call Person is identified ➤ Alternates (charge person and call person) are identified
<ul style="list-style-type: none"> ➤ The Player Medical Information Forms must be up to date and kept in the file folder located in the team bag ➤ A First Aid Kit must be accessible at all times and must be checked regularly 	

DIRECTIONS TO LOCAL HOSPITALS

Riverview Medical Center – 1 Riverview Plz Red Bank, NJ 07701

Jersey Shore Medical Center – 1945 NJ-33 Neptune City, NJ 07753

Monmouth Medical Center – 300 2nd Ave Long Branch, NJ 07740

DIRECTIONS TO RED BANK SPORTS FIELDS

Count Basie Park – Henry St Red Bank, NJ 07701

Eastside Park – 272 Mechanic St Red Bank, NJ 07701

Red Bank Regional HS – 101 Ridge Rd Little Silver, NJ 07739

INFORMATION TO PROVIDE 911

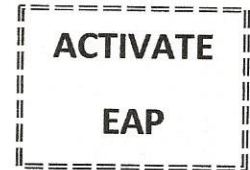
STEP 1: Control the environment so that no further harm occurs

- Stop all participants
- Have parents / assistant coaches gather players away from incident

STEP 2: Do a first assessment of the situation

If the participant:

- Is not breathing
- Does not have a pulse
- Is bleeding profusely
- Has impaired consciousness
- Has injured the back, neck or head
- Has a visible major trauma to a limb
- Can not move his/her arms or legs or has lost feeling in them.
- **HAVE SOMEONE CONTACT 911**



STEP 3: If participant is not breathing / has no pulse

- Start CPR, 2 inch chest compressions / 100 times per minute
- Have someone get the on site AED
- **CALL 911**

STEP 4: If bleeding, head / neck injury, impaired consciousness, potential broken bone, assess the injury

- Apply pressure to stop bleeding
- Do not move injured participant
- For a potential concussion, remove participant from playing surface.
- Immobilize broken limb if possible
- **CALL 911**

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STEP 5: Record the injury on an injury report and inform the parents

- Send copy of injury report to Red Bank Parks & Recreation within 72 hours

INFORMATION TO PROVIDE 911

- 1) Name of caller
- 2) Location
 - a. "Count Basie Park, field #"
- 3) Brief Description of what happened
 - a. "Player is not breathing and has no pulse"
 - b. "Player has possible broken leg"
- 4) What is being done
 - a. "CPR is being performed"
- 5) Please send an ambulance
- 6) Ask the ETA of EMS
- 7) DO NOT HANG UP. STAY ON PHONE UNTIL EMS ARRIVES OR 911 HANGS UP

IMPORTANT NUMBERS

Red Bank Police – 732-530-2700 or 911
Red Bank Fire Department - 911

PLAYER INJURY REPORT FORM

Date:	Time:	
Player's Full Name:		
Location of Accident (Field Name & Number, Town, etc.):		
List Injuries:		
Describe Incident:		
Emergency Medical Services Called?	YES	NO
Hospital / Clinic (where player being transported):		
Mode of Transportation to Hospital / Clinic:		
Parents / Guardians of Player:		
Parents / Guardians Advised:	YES	NO

TEAM INFORMATION:

Team Name: _____

Opposing Team: _____

Name of Team Official completing this form: _____

Team Official Position: _____

Signature: _____

Witness Name: _____ Phone Number: _____

Witness Name: _____ Phone Number: _____



S. PEARL STREET

HENRY ST. / MOHAWK LANE

LOCATION OR AREA

RED BANK
MAIN FIELD
RED BANK
RB

FIELD #1
200'

FIELD #2
200'

FIELD #3

PROPOSED GRAVEL
HIKING/JOGGING PATH
FIELD #4

PROPOSED MULTI-PURPOSE
SYNTHETIC TURF FIELD
(PRIMARY USES: SOCCER, BASKETBALL
AND FIELD HOCKEY)

FIELD #5

PROPOSED SYNTHETIC TURF
DATE LEAGUE / SOFTBALL FIELD

NORTH AVENUE (ROUTE 39)

